

PSY300ZA

Clinical Psychology / Clinical Psychology

Add

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【授業の概要と目的 (何を学ぶか) / Outline and objectives】

Through a series of lectures, readings, exercises, films, and group projects, this course introduces and provides a broad overview of the field of clinical psychology. Major topics include definition, psychological assessment methods, psychotherapy approaches, along with the history of treatment and the role of science in clinical psychology. The course also explores some of the most common mental illnesses.

【到達目標 / Goal】

Major Course Objectives.

By the end of the course, you should be able to:

- Demonstrate an understanding of how clinical psychologists approach mental health from a biological, cognitive, and social perspective.
- Explain the importance of the scientist-practitioner model of clinical psychology.
- Describe the types of questions clinical psychologists ask and realize that appropriate research methods must be employed in order to answer them.
- Identify the major tasks and responsibilities of clinical psychologists as health care professionals.
- Engage with the ethical framework for the practice of psychology.
- Identify diversity issues as they relate to clinical psychology.

【この授業を履修することで学部等のディプロマポリシーに示されたどの能力を習得することができるか (該当授業科目と学位授与方針に明示された学習成果との関連) / Which item of the diploma policy will be obtained by taking this class?】

Will be able to gain "DP 1", "DP 2", "DP 3", and "DP 4".

【授業の進め方と方法 / Method(s)】 (2020年度はオンライン授業の実施に伴い、変更の可能性があります。変更は学習支援システム等で提示します。/Method(s) may change depending on the online lesson.Changes will be reflected in the Learning Management System, etc.)

1.Group Project -presentation

The project is to be completed in small groups of students (if you want to do it individually, you must clear it with myself). The goal of the final project is for students to research and present information about the topic of clinical psychology in class by using power-point slides. Projects will focus on and cover the specific topic of clinical intervention. Possible examples of the projects include: Person-centered therapy, Psychodynamics therapy, Humanistic & Existential Psychotherapies, Behavior therapy, Cognitive-Behavioral therapy, Child & Family therapy, Couple therapy, Psychopharmacology, etc.

The topic could be a specific issues in clinical psychology other than intervention, but those who wants to do so must consult myself in advance.

2.Movie Report: A list of movies will be provided in class.

3. Exams: There will be no exam, but a brief final paper will be assigned.

4. Research Article Summary: In order to help you develop your understanding of psychological findings and methodology, you will be required to complete a brief (2 to 5 pages) summary of a research article. Articles appropriate for this paper can be found on the website or in library. Use an article of interest to you as long as it is appropriate to the course content and relevant to the field of clinical psychology.

Class code	A6323
Year	2020
Faculty/Graduate school	Department of Global and Interdisciplinary Studies
Previous Class title	
添付ファイル名 Attached documents	syllabus
Term	秋学期授業/Fall
Credit(s)	2
Day/Period	火6/Tue.6
Campus	市ヶ谷 / Ichigaya
Grade	3~4
Duplicate Subjects Taken Under Previous Class Title	
Notes	
Global Open Program	
Open Program	
Class taught by instructors with practical experience	

【アクティブラーニング（グループディスカッション、ディベート等）の実施 / Active learning in class (Group discussion, Debate.etc.)】

あり / Yes

【フィールドワーク（学外での実習等）の実施 / Fieldwork in class】

なし / No

【授業計画 / Schedule】

回 / No.	テーマ / Theme	内容 / Contents
1	Orientation & Guidance.	What do clinical psychologists think and what models do we use?
2	History	The history of psychiatry and clinical psychology.
3	Group project discussion / Libarary research Overview of Assessment (1)	Assessment of psychopathology and personality Projective tests personality test
4	Overview of Assessment (2)	Intelligence testing Neuropsychological assessment, behavioral assessment DSM & ICD 10
5	Major Psychiatric Disorder (1)	Anxiety disorder(includes panic/ OCD / PTSD)
6	Major Psychiatric Disorder (2)	Mood disorder (depression / bipolar)
7	Major Psychiatric Disorder (3)	Schizophrenia
8	Developmental Disorders	ADHD Learning disorder Autisic syndrome
9	Culture Issues in Clinical Psychology	Multicultural counseling Therapists' culture identity development
10	Stress management	Stress and its coping methods
11	Clinical Interventions/ Therapies	Psychoanalytic Therapy, Person Centered Therapy, CBT, Behavior Therapy, and other psychological interventions
12	Group Project Presentation (1)	Topics in clinical psychology and its intervension (2)
13	Group Project Presentation (2)	Topics in clinical psychology and its intervension (3)
14	The Road to Becoming a Clinical Psychologist	Wrap up

【授業時間外の学習（準備学習・復習・宿題等） / Work to be done outside of class (preparation, etc.)】

・ Class Preparation: An active learning approach requires students to prepare the readings and assignments BEFOFE class.

・ Group Project: Students should expect to allocate time outside of class to meet with their group members to discuss/ prepare project assignment.

- Movie assignments: Write reflection essays on the movie.

Preparatory study and review time for this class are 2 hours each.

【テキスト（教科書） / Textbooks】

None.

【参考書 / References】

- Class handouts will be provided in class.
- Supplemental readings will be provided in class.
- There will be an instructions session for how to find the research article assignment and articles to use in class.
- The APA Ethics Code including 2010 amendments can be downloaded for free directly from the APA website: <http://www.apa.org/ethics/code/index.aspx>.

【成績評価の方法と基準 / Grading criteria】

Participation: 20%

Reaction Papers: 10%

Movie Report (2): 10%

Group (or individual) Project: 35%

Research Article Summary: 10%

Final Report: 15%

Total: 100%

【学生の意見等からの気づき / Changes following student comments】

Not applicable.

【学生が準備すべき機器他 / Equipment student needs to prepare】

Not in particular (there will be a power point presentation in class).

【その他の重要事項 / Others】

Dates and contents of a class may change somewhat depending on our progress in covering the material.

Office hours (contact by email).

【Prerequisite】

None.