



UNIVERSIDAD SAN FRANCISCO DE QUITO
SCHOOL: CIENCIAS SOCIALES Y HUMANIDAD.
COURSE: PSI 3002E - Clinical Psychology

COURSE DETAILS:

Credits: 3

Prerequisites: Verify prerequisites in Banner academic system.

Co requirements: The course does not have Co requirements

COURSE DESCRIPTION:

Clinical Psychology reviews theory in the area of psychotherapy treatment. In this course we will examine different theories in the field of psychotherapy within a multicultural context in order to understand the advantages and limitations of each one. Among the theories to be reviewed are the ones that have given rise to: cognitive therapy, behavioral therapy, family systems therapy, person-centered therapy, Adlerian approaches, Gestalt therapy, and solution-focused therapy. Upon completing the class, students will understand the complexity of clinical treatment and will be able to appreciate the importance of an ethical practice based on the ability to integrate different perspectives and critically evaluate the scientific literature.

COURSE LEARNING OUTCOMES:

#	Learning Outcomes	Level
1	Identify historical and current trends within the field of clinical psychology.	Medio
2	Examine the reality in which clinical psychology is practiced today.	Medio
3	Describe the general goals of psychotherapy.	Medio
4	Describe specific theories: Cognitive Behavioral Therapy, Family Systems Therapy, Person-Centered Therapy, Adlerian, Gestalt, etc.	Medio
5	Explore the advantages and limitations of the different theories.	Medio
6	Apply different theories to hypothetical cases, considering their limitations.	Medio
7	Consider the relevance of different theories from a diverse multicultural perspective.	Medio
8	Explain how research supports or does not support various theories.	Medio
9	Conceptualize and explain problems that commonly occur in clinical practice from various perspectives (eg, anxiety, depression, post-traumatic stress symptoms, etc.)	Medio
10	Explain how the various perspectives, examined in the text, can be integrated.	Medio



COURSE CONTENTS:

- Cognitive Therapy
- Behavioral Therapy
- Family Systems Therapy
- Person-Centered Therapy
- Adlerian approaches
- Gestalt Therapy
- Post – modern Therapies (narrativa, solution-focused)
- Considerations for an ethical practice
- The multicultural movement and its importance
- Considerations for an evidence-based practice

METHODOLOGY FOR THE INTEGRATION OF THEORETICAL AND PRACTICAL CONTENTS:

The teaching methodology used to teach all the course at USFQ follow the liberal arts philosophy: encourage dialogue and enable the learning construction through providing opportunities for ideas exchange among teachers and students. It is expected that all the theoretical content courses explore potential applications to the professional practice and work context where students are anticipated to perform through the integration of diverse activities and simulations that foster the contextualized understanding of concepts using reality and professional practice as frames of reference.

HOURS DESCRIPTION OF APPLIED PRACTICE

If this course has declared applied practice hours (laboratories, exercises, field trips, practicums, etc.); the instructor for the theoretical element is responsible for describing how the applied practices hours will be fulfilled and assessed during the semester.

Students must pass or fail both the theoretical and application practice components simultaneously.

All courses with declared applied practice hours must provide students with a written guide detailing the requirements for fulfilling the application practice component.



COURSE ASSESSMENT:

Each instructor is responsible for creating an evaluation scheme that corresponds to the learning outcomes declared for each course. The assessment scheme should be presented in a clear and direct manner, such as a chart that indicates the assessment categories and the elements included in each category; it must indicate the total weight that each category will have on the final grade. Category weights may vary, but under no circumstance can an individual element weigh more than 25% of the final grade. For example, it is acceptable for a “Homework” category to weigh 30% if it includes three tasks that weight 10% each. However, a “Final Exam” category that weighs 30% and only includes one element would be unacceptable.

Some academic areas or specific courses have pre-established assessment parameters. In these cases, all instructors assigned to these courses must follow the pre-determined scheme.

If this course has declared applied practice hours (laboratories, exercises, field trips, practicums, etc.) the assessment of these hours must be incorporated within the course’s general assessment scheme.

#	Category	Description	Percentage of final grade

MAIN BIBLIOGRAPHY:

[The main bibliography must be in library in physical or digital format]

- Cameron, H. (2008). The counselling interview a guide for the helping professions. Palgrave Macmillan.

COMPLEMENTARY BIBLIOGRAPHY:

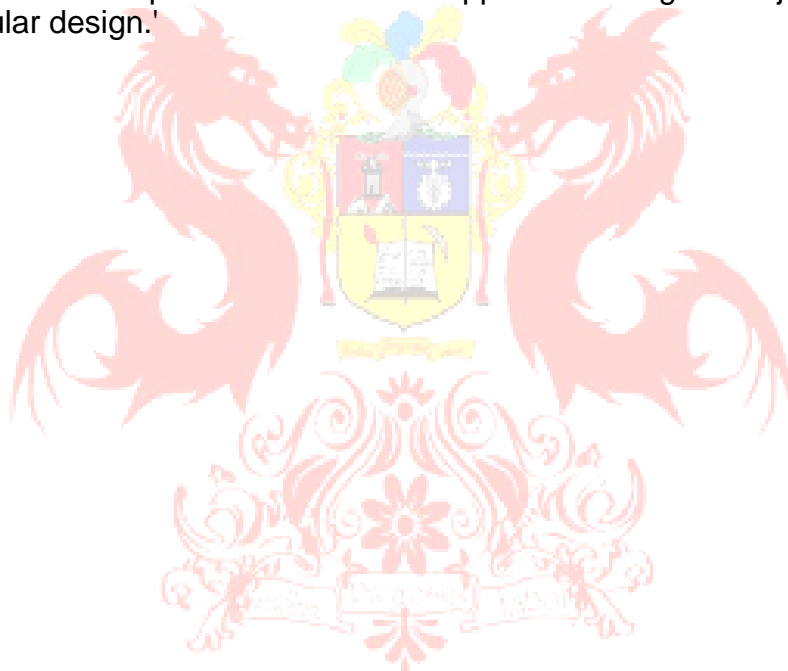
[The complementary bibliography can be digital format]



POLICIES:

All students taking courses at USFQ must follow the ethics of learning, ethics of research and ethics of behavior rules detailed in the [USFQ's Code of Honor and Coexistence](#). All the general policies for the courses offered at USFQ are detailed in the Student's Manual, it can be downloaded in [Manual del Estudiante](#).

This syllabus (Syllabus) was reviewed and approved by the coordination of the academic area or department responsible, so all the parallels that are dictated must be governed by this program. If changes / adjustments to the study program are necessary, you should To the coordination of the academic area or department responsible so that the approved changes / adjustments are reflected in the system of Curricular design.



Universidad San Francisco de Quito