

# Enquire Teaching Timetable

[Return](#)

## Course Outcome

### ANTH 2321 - From Madness to Mental Health

#### Learning Outcome

Our goal is that after taking this course, you will have:

1. To analyze psychiatry as a cultural domain and a social institution as well as a critical concern for mental health as a social issue.
2. To understand the symptomatology and illness experiences of major mental illnesses.
3. To evaluate how mental illness and mental health interact with local social and cultural contexts in different cultural context.
4. To apply anthropological knowledge and skills in personal as well as social mental health matters.

#### Course Syllabus

##### **Module 1: Origins and Framings**

The first part of the course examines three of the most important origins of modern mental health that continue to shape our current knowledge and practice: (1) Asylum psychiatry that offers custodial care of people with severe mental illness. (2) Psychoanalysis that pioneers the talk therapy for common mental disorders. (3) Colonial psychiatry that puts in place the international dissemination of psychiatric knowledge and practice.

Insanity and the Birth of Asylum

Hysteria and the Birth of Psychoanalysis

From Colonial Psychiatry to Global Mental Health

##### **Module 2: Mental Illness in Context**

The second part of the course makes foray into a series of ethnographic examples. Each week we examine a major category of mental illness or psychopathology—including psychosis, depression, dissociation, addiction, and so on—through case studies, in which culturally-mediated experiences and social courses of illnesses will be revealed.

Psychotic/Extraordinary Experience

Depression

Trauma and PTSD

Addiction

Eating Disorders

Psychopathy and Criminality

##### **Module 3: Mental Health in Contemporary Society**

The third part of the course discusses some of the most pressing mental health trends we are witnessing in contemporary times, including the rise of big pharmaceutical companies, the dominance of neuroscience, and the popularity of self-help and self-healing measures. In the end we will try to envision a better future for psychiatry and mental health services.

Pharma and Neuro

Self-Help and Recovery

The Future of Psychiatry

#### Assessment Type

	Assessment Type	Current Percent
1	Essays	50
2	Participation	20
3	Report	30

#### Feedback for Evaluation

1. Course and Teaching Evaluation Survey
2. Internal Course Review

#### Required Readings

## **Week 1 Introduction**

Kleinman, Arthur 1988 "What Is a Psychiatric Diagnosis" in *Rethinking Psychiatry: From Cultural Category to Personal Experience*. Pp. 5-17. New York: Free Press.

## **Module 1: Origins and Framings**

### **Week 2 Insanity and the Birth of Asylum**

Rosenhan, David 1973 "On Being Sane in Insane Places," *Science*, 179: 250-258.

Foucault, Michel 2001(1967) "The Birth of the Asylum" in *Madness and Civilization*. Pp. 229-264. Abingdon, Oxon: Routledge.

### **Week 3 Hysteria and the Birth of Psychoanalysis**

Breuer, Joseph and Sigmund Freud. 1893 "Fräulein Anna O," in *Studies on Hysteria*. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume II (1893-1895), 19-47.

Luhmann, Tanya 2000 "Psychoanalyst" in *Of Two Minds: An Anthropologist Looks at American Psychiatry*. Pp. 181-202. New York: Vintage.

### **Week 4 From Colonial to Global Mental Health**

Vaughan, Megan 1992 "The Madman and the Medicine Men: Colonial Psychiatry and the Theory of Deculturation" in *Curing Their ills: Colonial Power and African Illness*. Pp. 100-128. Stanford: Stanford University Press.

Kirmayer, Laurence and Duncan Pedersen 2014 "Toward a New Architecture of Global Mental Health" *Transcultural Psychiatry* 51(6): 759-776.

## **Module 2: Mental Illness in Context**

### **Week 5 Psychotic/Extraordinary Experience**

Lachenmeyer, Nathaniel 2011 *The Outsider: A Journey into My Father's Struggle with Madness*. New York: Broadway (excerpts).

Jenkins, Janis. 2015 "This Is How God Wants It? The Struggle of Sebastian." in *Extraordinary Conditions: Culture and Experience in Mental Illness*. Pp. 71-95.

Berkeley: University of California Press.

### **Week 6 Depression**

Li, Yiyun 2017 *Dear Friends, from My Life I Write to You in Your Life*. New York: Random House (excerpts).

Behrouzan, Orkideh 2016 "Depreshen Talk, the Pill, and Psychiatric Subjectivities" in *Prozak Diaries: Psychiatry and Generational Memory in Iran*. Pp. 91-121. Stanford: Stanford University Press.

### **Week 7 Trauma and PTSD**

Herman, Judith 1992 "Terror" in *Trauma and Recovery: The Aftermath of Violence—from Domestic Abuse to Political Violence*. Pp. 33-50. New York: Basic Books.

Young, Allan 1995 "Talking about PTSD" in *The Harmony of Illusions: Inventing Post-Traumatic Stress Disorder*. Pp. 224-263. Princeton: Princeton University Press.

### **Week 8 Addiction**

Shukla, Rashi K. 2016 "Loving Meth" in *Methamphetamine: A Love Story*. Pp. 39-54. Berkeley: University of California Press.

Schüll, Natasha 2006 "Machines, Medication, Modulation: Circuits of Dependency and Self-Care in Las Vegas," *Culture, Medicine, and Psychiatry* 30 (2): 223-247.

### **Week 9 Eating Disorders**

Gay, Roxane 2017 *Hunger: A Memoir of (My) Body*. New York: Harper (excerpts).

Becker, Anne 2004 "Television, Disorganized Eating, and Young Women in Fiji: Negotiating Body Image and Identity during Rapid Social Change," *Culture, Medicine, and Psychiatry* 28: 533-559.

### **Week 10 Psychopathy and Criminality**

Cleckley, Hery 1941 *The Mask of Sanity: An Attempt to Clarify Some Issues about the So-called Psychopathic Personality*. St. Louis: Mosby (excerpts from case illustrations)

Rhodes, Lorna 2002 "Psychopathy and the Face of Control in Supermax," *Ethnography* 3 (4): 442-466.

## **Module 3: Mental Health in Contemporary Society**

### **Week 11 Pharma and Neuro**

Healy, David 2006 "The New Medical Oikumene" in *Global Pharmaceuticals: Ethics, Markets, Practices*, edited by Adriana Petryna, Andrew Lakoff, and Arthur Kleinman. Pp. 61-84. Durham: Duke University Press.

Rose, Nikolas and Joelle M. Abi-Rached 2013 "All in the Brain?" In *Neuro: the New Brain Sciences and the New Management of the Mind*. Pp. 110-140. Princeton, NJ: Princeton University Press.

#### **Week 12 Self-Help and Recovery**

Bovoroy, Amy 2006 "Alcoholism and Codependency" in *The Too-Good Wives: Alcohol, Codependency, and the Politics of Nurture in Postwar Japan*. Pp. 42-66. Berkeley: University of California Press.

Nakamura, Karen 2013 "Bethel Therapies/Peer Support and a Meaningful Life" in *A Disability of the Soul: An Ethnography of Schizophrenia and Mental Illness in Contemporary Japan*. Pp. 163-201. Ithaca, NY: Cornell University Press.

#### **Week 13 The Future of Psychiatry**

Rose, Nikolas 2019 "Is Another Psychiatry Possible?" in *Our Psychiatric Future*. Pp. 173-198. Cambridge: Polity.

#### **Recommended Readings**

Porter, Roy 2003 *Madness: A Brief History*. New York: Oxford University Press.

Khan, Nikola 2016 *Mental Disorders: Anthropological Insights*. Toronto: University of Toronto Press.