

# Enquire Teaching Timetable

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## Course Outcome

### ANTH 3350 - Food and Culture

#### Learning Outcome

After following this course, students will have a good knowledge of the anthropological study of food and culture. They will gain knowledge on the sources and diffusion of food, the relationship between food and many aspects of social life, and food and security. Above all students will be more conscious of their choices of food.

#### Course Syllabus

Everyday we eat, and eating is not just natural, it is very cultural. What, how, where and when, and with whom we eat, all convey meanings, and are relevant to social identification. Food is also very much associated with health and illness, as well as concepts of fitness and beauty. This course looks at human food and foodways and how they manifest in our thoughts, behavior, and social relations. We will learn about the origin and diffusion of food, and the formation of foodways. We will also examine the political economy of food, as well as food and foodways as cultural heritage.

#### Topics:

1. Introduction: Anthropology and the study of food
2. Ecology, food and foodways
3. Plants, food and foodways
4. Industrialization, globalization and foodways
5. Chinese food and foodways
6. Food, beliefs and health
7. Religion, food and anthropological analysis
8. Food, status, and social relations
9. Food, ethnicity and identity
10. Food, politics and ethics
11. Food security and feeding the world
12. Interpreting foodways
13. Conclusion: What to eat?

#### Course Requirements

Participation: 10%

Field trip and reflective note: 20%

Mid-term test: 30%

Term paper (10-15 pages): 30%

Final quiz: 10%

Updated assessment will be announced in class.

#### Assessment Type

	Assessment Type	Current Percent
1	Essay test or exam	30
2	Fieldwork or field study	20
3	Homework or assignment	30
4	Participation	10
5	Short answer test or exam	10

#### Feedback for Evaluation

Course Evaluation Questionnaire

#### Required Readings

We will not be using any particular text, but a number of readings are from the following books.

- 1) Anderson, E.N. 2005. Everyone Eats: Understanding Food and Culture. NY and London: New York University Press.
- 2) Counihan, Carole, and Penny Van Esterik, eds. 1997. Food and Culture: A Reader. NY and London: Routledge.
- 3) Goodman, Alan H., Darna L. Dufour, and Gretel H. Pelto, eds. 2000. Nutritional Anthropology: Biocultural Perspectives on Food and Nutrition. Mountain View, Cal.: Mayfield Publishing Company.
- 4) Watson, James L. and Melissa L. Caldwell, eds.. 2005. The Cultural Politics of Food and Eating: A Reader. Oxford: Blackwell Publishing.

#### Recommended Readings