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Module details for Public Health Nutrition and Health Promotion 1

Module Details

SCQF Level:

08

Module Code:

FOD201

Credit Value:

20

Year:

2020/1

Term:

Term 2

School:

School of Applied Sciences

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Description

This module covers the concepts of public health, development of public health policy and key public health issues. It will provide also the fundamentals of epidemiology.

Aims

The aim of this module is to provide the student with : an understanding of public health and an appreciation of the relationship between health care politics, policy making and population health.

Learning Outcomes

By the end of this module the student should be able to:

1. Appraise Health Promotion models and interventions.

2. Discuss implementation of food and nutrition policy in a range of community settings.

3. Explain the main principles of epidemiology.

Indicative Content

1 Food & Nutrition policy

Framework of national and local policy and guidelines; models of good practice.

2 Health policy and public health

What is health policy? State intervention in health. Development of policy documents/guidelines for health/targets and implementation. Influences of global health policy. Structure of public health agencies.

3 Policy Implementation

Implementation of food and nutrition policy in educational establishments, community food initiatives, local authorities and health services.

4 Fundamentals of epidemiology

e.g. concept, measuring disease frequency, study designs for public health

Teaching and Learning Work Loads

For session 2020/21 the expectation is that the teaching and learning hours stated in this descriptor will form a mix of synchronous and asynchronous student/staff activity, with the majority of this being online. The exact pattern of this activity is likely to vary from the standard face-to-face hours listed below but the overall student effort remains the same. Up-to-date information on the delivery of the module can be found on the relevant module MLS site and on your student timetable.

TEACHING AND LEARNING METHOD	HOURS
Lecture	12
Tutorial/Seminar	12
Practical Activity	24
Assessment	40
Independent	112
Total	200

Guidance notes

SCQF Level - The Scottish Credit and Qualifications Framework provides an indication of the complexity of award qualifications and associated learning and operates on an ascending numeric scale from Levels 1-12 with SCQF Level 10 equating to a Scottish undergraduate Honours degree.

Credit Value – The total value of SCQF credits for the module. 20 credits are the equivalent of 10 ECTS credits. A full-time student should normally register for 60 SCQF credits per semester.

Disclaimer

We make every effort to ensure that the information on our website is accurate but it is possible that some changes may occur prior to the academic year of entry. The modules listed in this catalogue are offered subject to availability during academic year 2020/21 , and may be subject to change for future years.

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