

Course



Movement Assessment and Instruction

HESC2452

6 Units of Credit

You are viewing the 2021 version

2021

Overview

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This course will equip you with knowledge and skills for assessing and instructing clients and patients in exercises and other movements. You will integrate concepts from biomechanics, functional anatomy, motor learning and skill acquisition in the analysis of exercises, work tasks and activities of daily living. You will apply your theoretical understanding of biomechanics and functional anatomy in practical analysis of movement, using both quantitative and qualitative approaches. The course will also cover aspects of exercise instruction and approaches to movement education. You will develop practical skills in teaching new or modified exercises, work tasks or activities of daily living, giving consideration to pedagogical theory in relation to instructing clients and patients regarding movement and exercise.

This course is restricted to students enrolled in the Bachelor of Exercise Physiology 3871.

[Read Less](#)**Faculty**

Faculty of Medicine

**School**

School of Medical Sciences

**Study Level**

Undergraduate

**Offering Terms**

Term 2

**Campus**

Sydney

Academic Calendar

3+

**Timetable**[Visit timetable website for details](#)

Conditions for Enrolment

Prerequisites: ANAT2451 (or both ANAT3131 and ANAT3141) and HESC2451 (or BIOM2451 or SESC2451)

Delivery

[Expand all](#)

Blended in-person / online - Standard (usually weekly or fortnightly) ▼

Delivery Mode Blended in-person / online

Delivery Format Standard (usually weekly or fortnightly)

Indicative Contact Hours 5

As part of our response to COVID-19 we are needing to make ongoing adjustments to some of these teaching delivery arrangements so the information published here does not always reflect the latest information for each term. Please check other sources such as myUNSW and class timetables for up-to-date information about delivery arrangements and options.

Course Outline

To access course outline, please visit:

[HESC2452 Course Outline](#) 

Fees

Type	Amount
Commonwealth Supported Students (if applicable)	\$994
Domestic Students	\$6060
International Students	\$6060

Disclaimer

Please note that the University reserves the right to vary student fees in line with relevant legislation. This fee information is provided as a guide and more specific information about fees, including policy, can be found [here](#).

Where a fee is displayed as "Not Applicable", including some Work Experience and UNSW Canberra courses, please contact the relevant Faculty for any enquiry.

Commonwealth Supported Students:

Please refer to the [information](#) about new Student Contribution band classifications. Note that grandfathering arrangements are applicable for some cohorts of students, and other special arrangements apply for a limited number of programs.

Where a Commonwealth Supported fee is displayed it does not guarantee that such places are available.

Pre-2019 Handbook Editions

Access past handbook editions (2018 and prior)

[Pre-2019 Handbook Editions](#) 

eLearning

Information on eLearning, IT support and apps for students

Ask a question

All your UNSW Handbook questions answered here

UNSW Faculties

Visit Faculty websites for faculty-specific information

Library

Search the UNSW Library Catalogue

International Applicants

Information for International students

The Nucleus: Student Hub

Advice and support from enrolment through to graduation



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Authorised by Deputy Vice-Chancellor (Academic)

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