

Course



Health, Exercise and Sport Psychology

HESC3511

6 Units of Credit

You are viewing the 2021 version

2021

Overview

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The work of the Exercise Physiologist is underpinned by psychological theories of human behaviour. Understanding these principles and learning how to apply them to work with clients leads to improved practice. Health, Exercise and Sport Psychology builds on the content covered in stages 1 and 2 of the Exercise Physiology Program. It provides advanced understanding of contemporary psychological theories so that students are equipped with the knowledge and skills required to work optimally with individuals in health, exercise and sports across the lifespan.

This course is restricted to students enrolled in the Bachelor of Exercise Physiology 3871.

[Read Less](#)**Faculty**

Faculty of Medicine

**School**

School of Medical Sciences

**Study Level**

Undergraduate

**Offering Terms**

Term 1

**Campus**

Sydney

Academic Calendar

3+

**Timetable**[Visit timetable website for details](#)

Conditions for Enrolment

Prerequisite: PSYC1001

Delivery

[Expand all](#)**Blended in-person / online - Standard (usually weekly or fortnightly)**



Delivery Mode Blended in-person / online
Delivery Format Standard (usually weekly or fortnightly)
Indicative Contact Hours 5

As part of our response to COVID-19 we are needing to make ongoing adjustments to some of these teaching delivery arrangements so the information published here does not always reflect the latest information for each term. Please check other sources such as myUNSW and class timetables for up-to-date information about delivery arrangements and options.

Course Outline

To access course outline, please visit:

[HESC3511 Course Outline](#)

Fees

Type	Amount
Commonwealth Supported Students (if applicable)	\$994
Domestic Students	\$6060
International Students	\$6060

Disclaimer

Please note that the University reserves the right to vary student fees in line with relevant legislation. This fee information is provided as a guide and more specific information about fees, including policy, can be found [here](#).

Where a fee is displayed as "Not Applicable", including some Work Experience and UNSW Canberra courses, please contact the relevant Faculty for any enquiry.

Commonwealth Supported Students:

Please refer to the [information](#) about new Student Contribution band classifications. Note that grandfathering arrangements are applicable for some cohorts of students, and other special arrangements apply for a limited number of programs.

Where a Commonwealth Supported fee is displayed it does not guarantee that such places are available.

Pre-2019 Handbook Editions

Access past handbook editions (2018 and prior)

[Pre-2019 Handbook Editions](#) 

 **eLearning**

Information on eLearning, IT support and apps for students

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 **International Applicants**

Information for International students

 **The Nucleus: Student Hub**

Advice and support from enrolment through to graduation



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Authorised by Deputy Vice-Chancellor (Academic)

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