



# Principles of Teaching and Coaching

COURSE LEVEL Undergraduate

YEAR 2021

## COURSE INFORMATION

**AREA/CATALOGUE**

HLTH 1027

**COURSE ID**

105373

**TIMETABLE/S**Second Semester  
(Study Period 5)**COURSE LEVEL**

Undergraduate

**UNIT VALUE**

4.5

**OFFERED EXTERNALLY**

No

**UNIVERSITY-WIDE ELECTIVE COURSE**

No

**COURSE OWNER**

UniSA Education Futures

## Course aim

To develop students' awareness, understanding and competencies involved with teaching and coaching individuals or groups in sport.

## Course content

The students will develop an understanding of the role of the teacher and coach, philosophical positions, teaching styles and methods, methods of training, planning or programs, management and professional practice. Students will develop skills in teaching and coaching methodologies, instructional processes and strategies of meeting needs of diverse populations.

## Textbook(s)

Nil

## Prerequisite(s)

Nil

## Corequisite(s)

Nil



## Teaching method

INTERNAL, MAWSON LAKES	
Component	Tutorial
Duration	3 hours x 12 weeks
Component	Workshop
Duration	1 hour x 10 weeks

*Note: These components may or may not be scheduled in every study period. Please refer to the timetable for further details.*

## Assessment

INTERNAL, MAWSON LAKES	
Task	Workbook
Length	2000 words
Weighting	40%
Duration	N/A
Task	Presentation and Reflection
Length	700 words
Weighting	25%
Duration	30 minutes
Task	Essay
Length	1800 words
Weighting	35%
Duration	N/A

## Fees

EFTSL\*: 0.125

### Commonwealth Supported program (Band 4A)

To determine the fee for this course as part of a Commonwealth Supported program, go to:

[How to determine your Commonwealth Supported course fee. \(Opens new window\)](#)

### Fee-paying program for domestic and international students

International students and students undertaking this course as part of a postgraduate fee paying program must refer to the relevant program home page to determine the cost for undertaking this course.

### Non-award enrolment

Non-award tuition fees are set by the university. To determine the cost of this course, go to:

[How to determine the relevant non award tuition fee. \(Opens new window\)](#)



Not all courses are available on all of the above bases, and students must check to ensure that they are permitted to enrol in a particular course.

*\* Equivalent Full Time Study Load. Please note: all EFTSL values are published and calculated at ten decimal places. Values are displayed to three decimal places for ease of interpretation.*

## Course Coordinators



**Dr Robyne Garrett** >

UniSA Education Futures



## Contact us

### Australian students

**Phone:** +61 8 8302 2376

**Enquiry:** [unisa.edu.au/enquiry](https://unisa.edu.au/enquiry)

### International students

**Phone:** +61 8 9627 4854

**Enquiry:** [unisa.edu.au/international/enquiry](https://unisa.edu.au/international/enquiry)

---

For further information please visit [unisa.edu.au/study](https://unisa.edu.au/study)

Information correct at the time of publication. CRICOS provider number OO121B.

