



EXERCISE AND SPORT PSYCHOLOGY



Section:

Key facts



STUDY LEVEL

Undergraduate

CREDIT POINTS

10

STUDENT CONTRIBUTION BAND

New students (Non-grandfathered students) Band

1 - Postgraduate Clinical

Psychology programs Band 2 -
Professional Pathway

Psychology programs Band 4 -
All other programs

Grandfathered students Band 1

- Postgraduate Clinical

Psychology programs Band 2A -
All other programs [View more](#)

information [here](#).

COURSE CODE

3009AHS

COURSE ATTRIBUTES

Restricted: Course must be listed in
Program

Chat with us now

OFFERED

2024 Trimester 1, Gold Coast Campus - Mixed Mode

About this course

The course introduces students to the fundamental principles of psychology as applied to the areas of exercise, sport and rehabilitation. Issues relevant to participants (across the lifespan and functional capacity), patients, coaches, practitioners, and promoters involved in the optimization of individual and group performance are considered. Prerequisite: [1001PSY](#) - Introduction to Psychology 1 OR [1002PSY](#) - Introduction to Psychology 2 OR [1021PSY](#) Applied Psychology OR equivalent

[View course profiles](#)

Course summary

2024 Trimester 1, Gold Coast Campus, Gold Coast, On Campus - Mixed Mode

CONVENOR

[Dr Jonathon Headrick](#) 

FULL CLASS DETAILS

Please view [full class information](#) if your class is full

Key dates

Course start date

4 March 2024

Last date to add a course

17 March 2024

Last date to drop a course without financial penalty (Census date)


1 April 2024

Last date to drop a course without academic failure

5 May 2024

Timetables

Show "Open" classes only

Show classes for all days 

Class Lecture (10284)

AvailabilityOpen

When Friday 11:00 - 12:50
Weeks 1 - 4, 5 - 12

Where Online

Class Quiz (10289)

AvailabilityOpen

When Friday 08:00 - 09:50
Week 5

Where G17 THEATRE 4
Lecture Theatres 3/4 Complex
Gold Coast Campus

Class Workshop (10288)

AvailabilityIn High Demand

When Wednesday 13:00 - 14:50
Weeks 2 - 4, 5 - 12

Where G30 2.15
Arts & Education
Gold Coast Campus

Class Workshop (10287)

AvailabilityFull

When Tuesday 08:00 - 09:50
Weeks 2 - 4, 5 - 12

Where G30 1.19
Arts & Education
Gold Coast Campus

Class Workshop (10286)

AvailabilityFull

When Thursday 11:00 - 12:50
Weeks 2 - 4, 5 - 12

Where G39 1.15
Science and Engineering
Gold Coast Campus

Class Workshop (10285)

AvailabilityFull

When Thursday 13:00 - 14:50
Weeks 2 - 4, 5 - 12

Where G39 1.15
Science and Engineering
Gold Coast Campus

Found in

Core

1604


BACHELOR OF
CLINICAL EXERCISE PHYSIOLOGY

This degree includes advanced coursework in the exercise sciences, combined with a minimum of 500 hours of professional practice. You'll be prepared for wor...


March 2024


Gold Coast

320 CP

1171


BACHELOR OF
EXERCISE SCIENCE

You will gain the skills and knowledge in the physical, biomedical and psychological sciences that you will need to become an exercise specialist. You will ...



March 2024



Gold Coast

240 CP

1493



BACHELOR OF
SPORT DEVELOPMENT

Exercise your talents. This is your opportunity to turn your passion for sport into your profession - one with strong employment pro...



March 2024



Gold Coast

240 CP

1420



BACHELORS OF
EXERCISE SCIENCE / BUSINESS

You will gain a strong foundation in the physical and biomedical sciences, as well as practical business and management skills and knowledge. You will devel...



March 2024



Gold Coast

370 CP

1421



BACHELORS OF
EXERCISE SCIENCE / PSYCHOLOGICAL SCIENCE

This double degree provides a pathway to practise as a sports psychologist, following further study in psychology. You will learn how to apply psychologic...



March 2024



Gold Coast

370 CP

1615



BACHELORS OF
SPORT DEVELOPMENT / BUSINESS

You'll learn about sport development, business management and delivering recreation activities in the community. This degree explores four main streams of s...



March 2024



Gold Coast

320 CP

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First Peoples of Australia